

Our Team of Instructors

SHOLA ALABI is the program director for Chez Jodal Inc. A residential program catering to children and adolescents who are developmentally delayed with behavioural/emotional challenges. She has over 20 years experience working in community based mental health, residential and institution settings, caring for people of all ages. Shola holds a Bachelor of Science in Business Administration from Providence College USA and Post Graduate training in Psychosocial Rehabilitation in mental health from Humber College. Shola is a dynamic instructor who has been presenting crisis prevention and behavioural management training to professionals in the health care field for many years.

MELISSA AXLER, ECE, BA, MTS, CT, GC-C is a certified Grief & Pastoral Counsellor who has been working in the area of end of life, grief & loss and pastoral care for over 12 years. Melissa has provided counseling across the life spectrum in many health care related settings and for the past 7 years in private practice. Getting through life's transitions and bitter losses is a daunting experience. Melissa's warm, compassionate style coupled with her highly skilled counseling background makes her invaluable in challenging times.

GULSHAN ALLIBHAI, BSW, MSW, has been practicing social work for 16 years. Gulshan has worked as an educator and case manager in many social work settings such as: mental health, long term care, and settlement of newcomers. She currently works at The Canadian Mental Health Association Toronto in the area of diversity, mental health promotion, and community development and teaches in the Internationally Educated social Work program at Ryerson University. Gulshan was born in Uganda, Africa and came to Canada as a refugee in 1972. Due to her own and her family's experience as refugees, Gulshan's main focus and interest is in the area of mental health and resettlement stress. She advocates for culturally competent services for newcomers in the area of employment and mental health.

CELINE BART, BSW is the Public Education Coordinator at the Canadian Mental Health Association, Toronto. She has extensive experience as a front-line worker in a variety of community mental health settings in Toronto. She has facilitated groups of clients, college students, staff teams, and service providers at various workshops and training days. Her approach to learning is that it be practical, interactive and fun.

BOB BERCOVICI is a consultant specializing in programs related to personal growth and development. He holds a Bachelor of Arts degree with a major in psychology and has done graduate level work and extensive training in Gestalt therapy. Bob has been employed in the field of Corrections for 23 years and has counseled hundreds of people in dealing with their life issues. He also delivers group training in Communication Skills, Assertiveness, Customer Service, Solution Focused Lifestyle, Anger Awareness, Spousal Assault Programs and Risk Assessment. Bob has worked with many groups in both the public and private sectors, victims of abuse, police personnel and volunteers (e.g., Salvation Army, John Howard Society). He has delivered staff training programs for the Ministry of Correctional Services. Bob is also an Advisory Board Member of the "Corporate Alliance to End Partner Violence."

NICK BOYCE obtained a B.Sc. in Psychology from Dalhousie University. In 1999, he became a trained volunteer with the TRIP! Project, providing safer sex and safer drug use information and supplies to people in Toronto's rave and nightclub scene. For three and a half years he worked with the AIDS Committee of Toronto, is a former member of the 'Research Group on Drug Use' (RGDU) and was actively involved with the 'Toronto Gay / Bisexual Men's Crystal Meth Task Force'. He is an expert member for the City of Toronto's 'Drug Prevention Community Initiatives Program' grant review panel, and currently works as the Provincial Trainer with the Ontario HIV and Substance Use Training Program.

SUSAN CLANCY holds a diverse range of experience spanning 30 years within the non profit sector. The majority of her work is with marginalized communities: supportive housing; drop in sector; and women's services. She has worked at local, provincial and national levels and varied levels of management. Her interest in healthy organizational development has led to consulting and coaching in areas of: strategic planning; team cohesion; ethical boundaries and community development.

RICHARD COLEMAN has over 20 years experience in the addiction field. He has worked in addiction treatment as an addiction therapist in The Donwood Institute's Cocaine Program and as a Service Manager at the Centre for Addiction and Mental Health. Richard has worked in a variety of management positions in the City of Toronto's Hostel Services including Shift Leader, Program Coordinator, and Site Manager. Richard was also the Coordinator of Canada's first Drug Treatment Court and has lectured extensively on drugs and drug policy and was on the advisory panel for the Toronto Drug Strategy.

CONSULTING MATRIX has provided strategic, solution-based advice and tools to decision-makers across Canada since 1995. Offering services and tools to support organizational effectiveness, strategic and business planning, and relationship management. Their success is built on the know-how and creativity of a group of professionals with extensive leadership and operational management experience. Matrix instructors each have ten or more years of Board experience. Working with private, public and not-for-profit organizations in the housing, arts, social service and many other sectors.

JIM CULLEN, B.A. (Psych), B.S.W., M.S.W., Ph.D., is the Clinic Head/Manager for Rainbow Services at the Centre for Addiction and Mental Health. Jim has a long history working in health and mental/addiction population specific programs in both clinical and management capacities. He has held various academic appointments at York, Ryerson, the University of Toronto, the University of Victoria and Thompson Rivers University in British Columbia and has been successful in research and publication.

EYITAYO DADA studied law at the University of Ife where she graduated with an honors degree in 1984. She has worked as a human service provider and as an adult educator with proven experience with people of all cultures and backgrounds for over 18 years. She is currently the Director of Amèlie House, transitional housing for hard-to-house women. Eyitayo is the Chair, Board of Directors of the African Canadian Legal Clinic and the founding president of the Continental African Family Outreach Services. She is a member of the International Federation of Women Lawyers, International Bar Association, Commonwealth Lawyers Association, The International Association of Non-Violent Crisis Intervention Certified Instructors, The Nigerian Bar Association, and the Nigerian Institute of Safety Professionals, and has represented several organizations at national and international conferences. Eyitayo Dada is also a parent and a church administrator.

DOUG DUNLOP has had extensive experience working with at risk and hard-to-serve children, adolescents and families. Training and facilitating groups for social service professionals has been a focus of Doug's for the past ten years. Doug has developed and presented effective training sessions for professionals in the areas of crisis intervention/risk management, behaviour management, working with families, as well as supervision and leadership. Doug also provides training for the Child and Youth Work department at George Brown College. Doug continues to offer consultation and training to the children's mental health system, the child care sector, the youth and adult shelter system, college students as well as other social service providers. Participants can always expect a thorough, intense, and enjoyable experience from this trainer.

HEATHER FISKE Ph.D., C. Psych. Heather is a psychologist with over 35 years of experience working in schools, hospitals, correctional and community organizations. At present she is in private practice and teaches numerous workshops. Her book, "Hope in Action: Solution-focused conversations about suicide" has just been published.

LOIS FINE is a certified general accountant who has spent over 20 years in the charitable and non-profit sector. She is a financial consultant to a number of agencies, including serving as director of finance at Planned Parenthood of Toronto. She has been the director of finance at the YWCA of Greater Toronto as well as the acting national director of finance at the Canadian Breast Cancer Foundation. In addition to her consulting work, she teaches workshops and courses in financial management and chairs an allocations panel for United Way agencies.

MIKE FRONTE is a senior safety consultant. He has considerable experience in designing, developing and facilitating in a variety of legislative safety compliance programs since 1987. Past clients include municipalities, agencies, boards, commissions and private corporations. He has managed the Corporate Safety Training Services Unit and the Workplace Safety and Emergency Training Agency for the former Municipality of Metropolitan Toronto. Through developmental interventions, strategies and facilitation methods, he delivers effective results-orientated safety-training programs ensuring due diligence and legal compliance.

ROSEMARY HARDWICK is an energetic and enthusiastic mental health and addictions advocate and educator, with a diverse background in hospital, community and judicial settings. She is currently a board of Director with the Ontario Suicide Prevention Network. Rosemary is also the Chair and Educator with Toronto Suicide Information Alliance (TSIA), plus a trainer with Canadian training Institute (CTI). In 1997 Rosemary was awarded the Canada Achievement Award. The same year she was selected to join an International delegation of suicidologists to take western suicide prevention skills to Russia. In 2007 Rosemary joined Seneca College Nursing faculty, as a part time contract clinical professor with mental health and addiction – PN4 students.

MARILYN HERIE, PhD, RSW has been a therapist and project leader at the Centre for Addiction and Mental Health (CAMH) since 1992, and is currently an advanced practice clinician in the Concurrent Disorders Unit. She is also an adjunct professor at the Faculty of Social Work, University of Toronto; social work coordinator of the Collaborative Program in Addiction Studies at the University of Toronto; and sessional instructor at Ryerson University. Marilyn is a clinical trainer and therapist specializing in the group and individual treatment of adults with alcohol/drug problems. Marilyn facilitates workshops in such areas as Motivational Interviewing, Addiction Treatment, Presentation/Facilitation Skills, and Cognitive-Behavioural Therapy; and has presented at academic conferences throughout Canada and in other countries. She has co-authored books, book chapters and articles in scholarly journals on brief treatment, alcohol dependence, relapse prevention, dissemination research, and online learning.

MARIE HERON is a Certified Adult Educator and Career Counsellor. She has been working with clients in the area of Career Development for more than 10 years. She is currently the Executive Director of On-Track a Career and Employment services agency funded by Employment Ontario.

HY'N'HANCEMENT CONSULTING INC. Understanding and Managing Aggressive Behaviour Programs arose from the process of applying simple principles of least intrusive and least restrictive in a continuum with the premise of mutual safety for all and has the ability to be customized to an Agencies' specific needs, philosophy and or mandated service. Since the origins of this program we established standards of practice, due diligence and quality assurance for not only the participants in a program but for the trainers/facilitators as well. Hy'N'hancement Consulting Inc. is the proud owner of this copyright protected Canadian product and has been delivering this program for the past ten years.

JAMES E. KING President and Founder of Aquatic Development & Emergency Training Inc., James E. King has worked in the field of Pre-Hospital BLS Emergency Education for 21 years. As an Emergency Care Educator, James is a Certified Instructor-Trainer with both the American Heart Association and the Heart and Stroke Foundation of Canada's Emergency Cardiac Care Program. He is also a Master First Aid Instructor-Trainer with ADET Inc. and recognized as a qualified First Aid Instructor-Trainer under the WSIB, the Life Saving Society of Ontario and the Ontario Ministry of Health. Annually, James educates healthcare professionals, executive, corporate and industrial groups in the skills of First Aid, Defibrillation and CPR throughout Canada, the USA, the Caribbean and Central America. James is a certified Surf Lifeguard and National Lifeguard Service Instructor-Trainer/Examiner with the Lifesaving Society of Canada in The Pool, Waterfront, Waterpark and Surf options, recently creating the AED Training manuals for the Lifesaving Society and the Brampton Fire Department.

KWASI KAFELE is the Director of Health Equity at the Centre for Addiction and Mental Health. He has been a senior manager in the provincial government and Executive Director of the Jamaican Canadian Association. He has worked for over 25 years in Toronto with different communities and organizations as a facilitator, educator, organizer, trainer, youth counselor and researcher. He is a trained conflict mediation expert, volunteering with Scarborough Conflict Resolution Services. He has facilitated equity/diversity management, strategic planning, organizational development, community economic development and youth leadership courses and programs with numerous agencies, institutions and community-based organizations. He has also taught a certificate course in Cross-Cultural Skills for Human Service Providers at the University of Toronto's Faculty of Social Work. He has a Master's degree in Environmental Studies from York University and a certificate in Executive Leadership from the Joseph. L Rotman School of Business, University of Toronto. He is currently pursuing a PhD in Mental Health Equity and Racism at York University.

WENDY KOMIOTIS is an adult educator. She has worked for 20 years in community-based services for children, youth, women, and seniors. Her professional background includes: teaching with the York Board of Education and with George Brown College; community development work with marginalized groups including women who experienced poverty, homelessness, and various forms of violence; advocacy, and community health promotion. Through the years, she has worked as a private consultant in anti-racism/anti-oppression training, a trainer with cross Boundaries Ethnoracial Mental Health Centre, the director of programs and advocacy at Sistering, and is currently the Executive Director at Metropolitan Action Committee on Violence Against Women and Children (METRAC).

SHERYL LINDSAY is currently the Program Manager of the Hostel Outreach Program at Community Resource Connections of Toronto (CRCT). Sheryl has been at CRCT for 20 years working primarily with women who are homeless and experiencing mental health issues through the Hostel Outreach Program (HOP) which she was responsible for helping to design and implement in 1988. Sheryl is a co-author of two research papers on HOP and has made numerous presentations at conferences in both Canada and the United States on HOP. Sheryl has also acted as Manager of CRCT's Mental Health Court Support Program working with persons with mental health issues in conflict with the law. Recently, she has started a pilot outreach project for the St. James Town community to assist persons with serious mental health issues who are having difficulty maintaining their housing and are on the brink of eviction.

KERI MARCOUX, BAsc, RD is a Registered Dietitian. She graduated from the University of Guelph and completed her dietetic internship at the KFL&A Health Unit. She has since worked as a registered dietitian in a variety of environments ranging from community health centres and public health units, to pharmaceuticals and individual counselling. She started with Toronto Public Health in 2005 and has been working on Student Nutrition Programs, the Eat Smart! Healthy Restaurant program, community food skills training, healthy weights programming, and various other community health promotion projects.

PAULLETTE MARSHALL has extensive experience working in the mental health field in the areas of case management, supportive housing, social support and employment. She has served on numerous community Boards and Advisory Committees.

NANCY N MAYER has worked in the field for 27 years. She has developed her expertise as a clinician, supervisor, trainer and consultant in the areas of child sexual abuse, adult survivors of trauma, secondary trauma, clergy misconduct and abuse, workplace issues and organizational change. She has worked and managed in both unionized and non-unionized settings. In her clinical practice, Nancy provides services to individuals, couples and families, and specialized services for adults and adolescents who have experienced childhood abuse, trauma, illness or loss. She also works with mental health professionals on issues related to secondary trauma, countertransference and workplace stress. She runs ongoing consultation groups for staff who work in the area of trauma and teaches and trains throughout Canada. For more information www.ckmconsultation.com

MELODIE MAYSON has been a community legal worker with Neighbourhood Legal Services for over 15 years. She specializes in the area of social assistance law (Ontario Works and the Ontario Disability Support Program), and provides legal advice and representation to low-income clients. Melodie is co-director of the legal clinic; and has done extensive training and education with social assistance recipients, community agency staff, legal workers/ lawyers, health-care professionals, students, and government workers. She currently serves as a member of the board of directors of the Income Security Advocacy Centre, a test-case litigation clinic. Over the years, Melodie has also been involved in several social assistance reform projects and served on government advisory committees (eg., Social Assistance Advisory Committee to the Minister of Community and Social Services, the Provincial/Municipal Disentanglement Panel, Toronto Council's Robertson House Review Committee). As the chairperson of the Toronto inter-clinic social-assistance work group, Melodie regularly participates in consultations with Toronto Social Services on welfare-related issues. Melodie completed her master's degree in Sociology in 1997. Her research work and thesis focused on workfare and single mothers.

LINA MEDAGLIA has a PhD in Education and Counselling Psychology with specialties in cross-cultural, anti-racist, and anti-oppression issues. For over twenty years, she has worked in the community as a crisis intervention worker and a transitions worker, with vulnerable and marginalized populations. Currently, Lina teaches in "The Assaulted Women's and Children's Counsellor/Advocate Program," and in the General Education and Access Division of George Brown College. Her current professional interests include: environmental justice and peace education, settlement and immigration issues, and trauma and resiliency work.

PETER MENZIES Ph. D., is the Clinic Head for Aboriginal Services, Centre for Addiction and Mental Health in Toronto. He has over 20 years experience in the field of social work in such areas as child welfare, family services, income maintenance, homelessness, addiction and mental health. Peter is a member of *Sagamok Anishnawbek First Nation*, and sits on the Toronto Aboriginal Community Council, as well as various Aboriginal community boards and committees both at the local and national level. Peter has completed his Ph. D. at the University of Toronto, and lectures at the Toronto Hostel Training Centre and Ryerson University. He is an Assistant Professor, Psychiatry Department, University of Toronto, and an Adjunct Professor, Social Work (Native Human Services), Laurentian University. His research interests include Aboriginal homelessness, intergenerational trauma, child welfare, suicide, addiction and mental health. He has published articles regarding Aboriginal health issues, and is a member of the Ontario College of Social Workers and Social Service Workers.

VELYN MITCHELL is a community facilitator with extensive experience working with both homeless women and with families in City of Toronto shelters. She implemented and managed the Lounge Program, a harm reduction shelter, within the main shelter at Women's Residence. She is a certified teacher who broadened her education to include teaching English as a Second Language (TESL) certificate, studied dance therapy at York University, taught yoga for many years, and has a certificate in human services management from George Brown College.

RAQUEL AMARNA MOSCOTE has worked for the past 25 years in partnership with immigrant and refugee communities in Toronto as a teacher, cultural interpreter and community legal worker. Amarna joined the staff of Parkdale Community Legal Services in 1989 as co-leader of the Immigration group. She is a member of the York University Intensive Program in Poverty Law and supervises Osgoode Hall Immigration students at PCLS in their community development work, law reform projects, and public legal-education activities.

KATHLEEN O'CONNELL MSW, RSW is a therapist, trainer and educator with 25 years of experience in community based services in the area of violence against women, and in counselling services for youth and adults. She has extensive experience providing training and consultation to organizations in the areas of anti-racism and anti-oppression organizational change. She has facilitated numerous groups and workshops on a variety of issues, including team building, same sex partner abuse, anti-homophobia, counselling skills for crisis line volunteers, self care for social service workers and mindfulness based stress reduction. She has also taught at George Brown College.

KIKE OJO is the Diversity Manager for the Children's Aid Society of Peel. She is also a consultant, trainer and facilitator in the areas of diversity, anti-oppression and human rights, working with various private and public sector organizations. Her formal education includes a Master's degree in Sociology and Equity Studies in Education. She received the Lincoln Alexander Community Award in 2000 for her work to eliminate racial discrimination in Ontario.

PEARL RIMER is the Manager of Research & Training at Boost Child Abuse Prevention & Intervention (formerly Toronto Child Abuse Centre). She designs and conducts award-winning training for community service providers, children and youth. Pearl has dedicated over 20 years to the fields of child care and children's mental health as a consultant, instructor, trainer and research coordinator. She has developed and taught community college courses on aspects of child care, and over 15 years ago, designed and implemented the first child-abuse course to be offered in an early childhood education program. Pearl co-authored the book *Reaching Out: Working Together to Identify and Respond to Child Victims of Abuse*.

PATRICIA (TRISH) ROBINSON has enjoyed working as a mental health clinical consultant in community, hospital and academic settings. She has extensive experience designing, presenting and evaluating mental health education programs for care providers in each of these sites. Currently she is a professor in the Centre for Nursing at George Brown College.

CHARLES SHAMESS is the Director of the Ontario HIV and Substance Use Training Program. He was recently on a secondment with the Public Health Agency of Canada, Ontario Region with their AIDS Community Action Program. He was the Education Coordinator for Peterborough AIDS Resource Network working with Gay men and youth and people who use injection drugs developing programs and interventions to prevent the spread of HIV. He facilitated support groups and developed and delivered numerous trainings on HIV, Harm Reduction and anti-stigma and discrimination. He has been involved with the AIDS movement in Ontario for over 20 years, both as a volunteer and a worker. He formerly worked in mental health promotion and prevention education for CMHA-Peterborough, delivering trainings and workshops on mental illness and wellness in schools and other venues.

MARK SHERMAN is an instructor-trainer with the Workplace Safety and Insurance Board and Heart and Stroke Foundation in Ontario. He has provided training in first aid and CPR since 1979. He was one of the principals involved with the first WCB accreditation granted to a private first-aid delivery organization in 1984. The First Aid Training Company Inc. was created to provide first aid, CPR, AED and WHMIS training for corporate, industry, hospitality, health care and community groups.

GERDA SUMNER is an experienced workshop facilitator who has travelled extensively throughout Canada and the United States delivering workshops and seminars on a wide range of topics. Her many years of experience in the field of children's mental health in both management and front line positions give credibility to her workshops. Positions that she has held in the past have included family prevention worker, child care therapist, community consultant and program supervisor. She has developed effective training sessions on such topics as team building, consultation, supervisory practices, conflict management and stress management. Gerda is a proven expert in teaching concrete and practical skills. She combines an energetic and interactive style with a commitment to deliver workshops that make a difference.

BILL TIBBO, throughout the past 21 years, has provided consulting services to hundreds business leaders in many of North America's Fortune 500 corporations, as well as a complete spectrum public sector organizations. As a Corporate Clinical Consultant and Disaster Management Specialist, Bill has had the honour of leading Post Disaster Debriefing teams after the following events: 1999 earthquake in Istanbul, Turkey; September 11, 2001; World Trade Centre attack in New York City; 2003 SARS epidemic...served epicentre at North York General Hospital; 2004 Hurricane Ivan in the Cayman Islands and 2005 Air France crash, Pearson International Airport, Toronto.

THE TRANS COMMUNITY SHELTER ACCESS PROJECT is a team of trans women and trans men funded to provide training and policy assistance to shelters and hostels, with the goal of making services accessible to TS/TG people. This project has been operating out of The 519 Community Centre since 2001. Trans presenters of this workshop are part of a community development and skills-building program who are in-training to develop their capacity as facilitators and community workers.

THE GATEKEEPER'S PROGRAM, Catholic Family Services of Hamilton outreach program, was started in Hamilton Ontario in August 2005. It was developed in response to an unmet need in the community for at risk and isolated seniors, many of which are believed to have Diogenes Syndrome. Working in conjunction with numerous health and social service community partners (Public Health, City Housing, CCAC, hospitals/EMS, Police, Fire Dept. etc.) originally received funding for one part-time position, now currently employs four full-time case managers.

KATHY WONG, RN, BScN, MEd is currently the program educator at St. Michael's Hospital Mental Health Service. Kathy has extensive mental health experience in both clinical and education positions. In her education role, she has developed curriculums and learning packages for staff development. For more than five years, she has been a certified Crisis Prevention Institute instructor teaching the Non-violent Crisis Intervention program. Since 1996, Kathy has been a facilitator of the Community Worker Safety Strategies group.

CERTIFICATE TRAINING PROGRAMS

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The Youth Issues Training Certificate

The Hostels Training Centre Certificate for Supervisors/Managers

The Drop-In Service Skills Training Certificate

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